

Central Autumn
Winter Menu 2024
2025

WEEK ONE

- 04.11.2024
- 25.11.2024
- 16.12.2024
- 20.01.2025
- 10.02.2025
- 10.03.2025
- 31.03.2025

WEEK TWO

- 11.11.2024
- 02.12.2024
- 06.01.2025
- 27.01.2025
- 24.02.2025
- 17.03.2025

WEEK THREE

- 18.11.2024
- 09.12.2024
- 13.01.2025
- 03.02.2025
- 03.03.2025
- 24.03.2025

MENU KEY

Added Plant Power

Wholemeal

Vegan

MONDAY

NEW Tomato & Vegetable Pasta
Mexican Fajitas with Rice
Vegetables of the Day
Blackberry and Apple Crumble with Custard

TUESDAY

Cottage Pie with Gravy
NEW Creamy Chickpea and Coconut Curry with Rice
Vegetables of the Day
Melting Moment Biscuit

WEDNESDAY

CHICKEN SHACK
Roast 88Q Chicken or Quorn with Diced Seasoned Potatoes & Sweetcorn Salsa
Vegetables of the Day
Fruit Platter

THURSDAY

Meatballs in Tomato Sauce with Rice
NEW Cheese and Broccoli Pasta with Garlic Bread
Vegetables of the Day
Carrot and Courgette Cake

FRIDAY

~~Meatballs in Tomato Sauce with Rice~~
Fishfingers with Chips & Tomato Sauce
Mexican Bean Roll with Chips & Tomato Sauce
Vegetables of the Day
Chocolate Orange Cookie

Classic Cheese and Tomato Pizzas
Or Rainbow Pizza with Potato Wedges
Vegetables of the Day
Maple Sponge Cake with Custard

NEW Chicken Pasta Bake with Garlic Bread
Chinese Vegetable Curry with Rice
Vegetables of the Day
Jelly with Mandarins

Sausage and Mash with Gravy
Vegan Sausage and Mash with Gravy
Vegetables of the Day
Fruit Medley

Chicken Tikka Masala with Rice
NEW Mild Mexican Chili with Rice
Vegetables of the Day
Peach Cake

~~Meatballs in Tomato Sauce with Rice~~
Fishfingers with Chips & Tomato Sauce
Cheese and Tomato Quiche with Chips & Tomato Sauce
Vegetables of the Day
Oaty Cookie



NEW Mild Caribbean Chicken with Rice and Peas
NEW Caribbean Butterbean Stew with Rice and Peas
Vegetables of the Day
Sticky Toffee Apple Crumble with Custard

Roast Chicken with Stuffing, Roast Potatoes and Gravy
Veg Cottage Pie with Gravy
Vegetables of the Day
Fruit Salad

Spaghetti Bolognese
NEW Hot Pot Baked Bean Casserole with Rice
Vegetables of the Day
NEW Savoury Cheese Scome

Breaded Fish with Chips & Tomato Sauce
Cheese and Pepper Omelette with Chips & Tomato Sauce
Vegetables of the Day
Vanilla Shortbread

ALLERGY INFORMATION
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Available Daily: Fresh Bread -- Salad Selection -- Fresh Fruit and Yoghurt



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