

Allergy / Intolerance:  
Child Name / Area :  
Dates / Term:

Central Autumn Winter 2023-24

**Allergy/Intolerance Menu**  
Egg and Milk Free

Implementation Date

\*All recipe codes are given in bold (e.g., F6) - to find the recipe on Sharepoint start your search with the letters PRI - e.g., **PRIF6**.

DATES	WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	V221 Vegan Pizza with S89 Pasta Salad	881 Beef & Bean Burger or V236 Vegan Burger in a S017 Bun with a choice of toppings (See concept guide for toppings: B85-B822) and S06 Potato Wedges	Roast of the Day, S040 Stuffing S082 Roast Potatoes & S0118 Gravy	S08 Spaghetti B48 Bolognese with S050 Garlic Bread	F6 Fishfingers with S05 Chips & S014 Tomato Sauce	
	Option 2	V235 Chef Mariam's Vegetable Couscous	(No Burger Sauce, No Garlic & Herb Mayo/onions, No Pst Pst Mayo/onions, No Cheese, No Mac N Cheese, No Yoghurt Topping)	V232 Veg Wellington, S040 Stuffing, S082 Roast Potatoes & S0118 Gravy	Veggie S08 Spaghetti V233 Bolognese with S050 Garlic Bread	
	Vegetables	Vegetables of the Day (No Colestew)	Vegetables of the Day (No Colestew)	Vegetables of the Day (No Colestew)	Vegetables of the Day (No Colestew)	Vegetables of the Day (No Colestew)
Dessert	NGC131 Chocolate Mandarlin Cake	D235 Fruit Jelly with Mandarins	D223 Freshly Chopped Fruit Medley	NGC132 Banana and Chocolate Cake	D85 Oaty Cookie	
	Option 1	V188 Tomato S011 Pasta	S055 Jacket potato with S022 Baked Beans (No Cheese or Tuna Mayo/onions)	Q814 BBQ Chicken/V205 BBQ Quorn or Q815 Lemon & Herb Chicken/Q810 Lemon & Herb Quorn, with Q816 Seasoned Potatoes and a choice of Salads	F6 Fishfingers with S05 Chips & S014 Tomato Sauce	
	Option 2			(See concept guide for salads: Q82 Q83 Q84 Q85)	V237 Veggie Meatballs in V225 Tomato Sauce with S084 Rice	
Vegetables	Vegetables of the Day (No Colestew)	Vegetables of the Day (No Colestew)	Vegetables of the Day (No Colestew)	Vegetables of the Day (No Colestew)	Vegetables of the Day (No Colestew)	
	Dessert	NGC111 Italian Vanilla Cake	D242 Apple Cumble (No Custard)	D224 Fruit Medley	NGC112 Italian Chocolate Cake (No Chocolate Sauce)	D57 Vanilla Shortbread
	WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	V226 Tomato Pasta topped with V216 Vegan Shreds (No Carbonara, No Creamy Pasta, No Cheese Toppings) (See concept guide for toppings PK3 PK4 V216 S08 S09 S011 S0121)	B49 Mexican Beef with S084 Rice		C59 Chicken Pie with S01 Meshed Potatoes	F6/F29 Fishfingers/Salmon Fishcakes with S05 Chips & S014 Tomato Sauce	
	Option 2	S055 Jacket potato with S022 Baked Beans (No Cheese or Tuna Mayo/onions)	V211 Vegetable Frittas with S084 Rice	V238 Veggie Sausages, S0116 Onions and S0118 Gravy with S082 Roast Potatoes	V205 BBQ Quorn Filler with S05 Chips	
	Vegetables	Vegetables of the Day (No Colestew)	Vegetables of the Day (No Colestew)	Vegetables of the Day (No Colestew)	Vegetables of the Day (No Colestew)	
Dessert	NGC111 Vanilla Cake	D230 Chocolate Orange Cookie	D225 Fruit Pflatter	NGC111 Italian Vanilla Cake (No Custard)	NGC112 Chocolate Cake	

**Note:** no other menu options other than above should be offered in relation to this menu  
**ALLERGY INFORMATION:** Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/intolerance, then please email [info@caterlinkdtd.co.uk](mailto:info@caterlinkdtd.co.uk) for someone to contact you.  
**Pupil Identification:** Each child requiring a special diet should make their self known to the catering team and should be accompanied by a school representative, when receiving their meal.