



UNIFORM COST & SUSTAINABILITY

WHAT CAN BE DONE TO HELP?

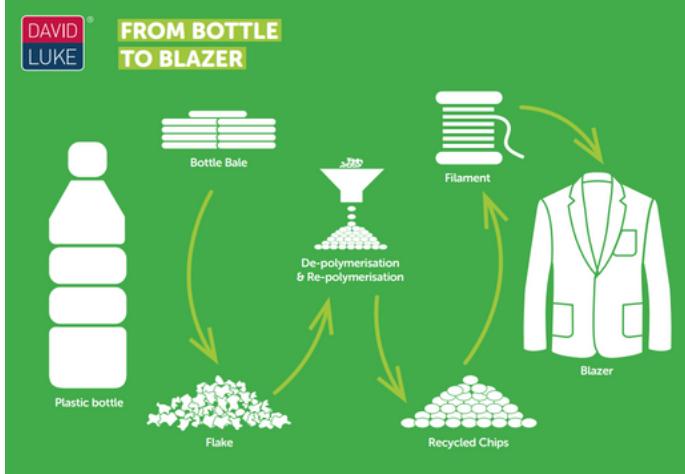
RECYCLING

There has never been a better time to recycle pre-loved uniform.

350,000 tonnes of clothes end up in UK landfill each year.

95% of that discarded clothing can be recycled or reused.

Look out for 'Eco-Uniform' - many suppliers are now working with recycled plastic bottles to make their garments. Each purchase of 'Eco-Uniform' contributes to helping protect the environment which we live in.



SWAP SHOPS

Most schools have second-hand uniform available on site - this may be organised via the PTA, school office, or as a one-off sale.

Online tools (such as Facebook Groups or websites) are available for schools or parents to set up to easily exchange/purchase pre-loved uniform.

You may also be able to find a friend from school to hand down uniform to or vice versa.

SIZING UP

When purchasing uniform, look for garments with adjustable waistbands and oversized hems. Your children can grow into them without feeling swamped, meaning the clothes will last longer and you won't have to worry about buying new again next year.





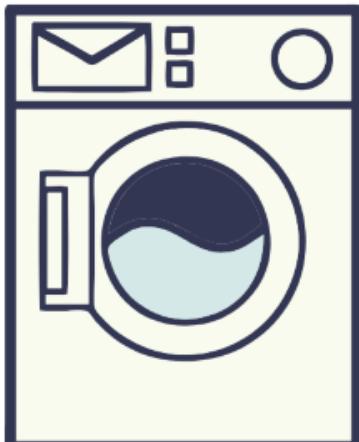
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WASHING

Following washing instructions correctly can help greatly in keeping your uniform intact for longer - check the washing information for each item of uniform, they often will need slightly different care depending on the fabric they are made from.

Washing at 30 degrees reduces the environmental impact and prevents clothing from shrinking.



- ✓ 30 Degree Wash
- ✓ Wash inside out
- ✓ Do not tumble dry

REPAIRS



Don't throw away items just because of a loose button or hem. Quick fixes can give uniform plenty more life and make them look good as new again.

UPCYCLING

Why not extend the life of your school uniform by turning it into a fun project and making it into something completely new!

You can also extend the life of your trousers by turning them into shorts for the summer.

SUPPORT

Additional support is available from schools for those who require help with the cost of uniform.

Always look out for any promotions available which your uniform supplier may be undertaking during the year.