



ST NICHOLAS CE PRIMARY SCHOOL

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Headteacher: Miss D McGrail

Wokingham Borough Council

Diocese of Oxford

7th October 2020

Dear Parent/Carer

Level 1 and 2 Bikeability Cycle Training – 19th and 20th October 2020

Level 1 and 2 Bikeability cycle training for Year 6 pupils will run over 2 days on Monday 19th and Tuesday 20th October. This training is funded by Wokingham Borough Council and is being delivered by Avanti Cycling www.avanticycling.co.uk. Pupils will complete this over two full days 9am – 3pm. Pupils will eat their lunch in Blake classroom (they may order a Caterlink packed lunch during registration). If required, bikes can be stored at school overnight on Monday 19th October.

Bikeability cycle training is outcome based and this course consists of two specific 'levels', each with distinct outcomes. The levels are progressive and if your child does not achieve all of the outcomes of the Level 1 course then they will not be able to progress immediately onto the Level 2 course.

- Bikeability Level 1 – this element of the course will take place in the school playground. Your child must be able to ride a bike without stabilisers. They will be expected remain in control when starting, stopping and riding along, look behind and ride one-handed (with either hand) without wobbling.
- Bikeability Level 2 – this element of the course takes place on roads near to the school. The course will enable your child to understand how to start and stop a journey safely, understand priorities and the correct road positioning. They will also experience making left and right turns in and out of T-junctions.

Please complete the **online consent form** by Wednesday 14th October:

1. Visit www.avanticycling.co.uk/bikeability and scroll to the end of the page and click 'Enrol Here'
2. For the 'Area', select *Wokingham*; for the 'School', select *St Nicholas* and 'Date', choose *19th October*.
3. For the 'Level', select *Level 1+2*.
4. Once the form has been submitted, you will receive a confirmation email.

It is your responsibility to ensure that your child has the following for the duration of the day:

1. A bike that is the correct size and in good working order, with tyres inflated and moving parts working well.
2. A correctly fitting cycle helmet (must carry a CE mark).
3. Appropriate clothing and footwear for cycling, the season and the weather.

The Bikeability risk assessment will include measures compatible with COVID-19 advice.

Pupils will have the opportunity to complete Level 3 in the Summer term 2021.

Yours sincerely

Miss D McGrail
Headteacher